

# Island Chef Catering

## Meal Prep

### Beef

*Marinated Grilled Skirt Steak*

*Beef Brisket Red Wine Demi-Glase*

*BBQ Beef Brisket*

*Ox Tail*

*Fresh Homemade Meatballs*

*Old Fashion Meatloaf*

*Tex-Mex Beef Chili Bowl*

*Fajita Steak, Peppers and Onions*

*Beef Bolognese w/ whole wheat pasta or regular pasta*